

Mind, Body & Spirit

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BRHA Contact Information:

Main Office
309 Edmond Street
276-642-2001

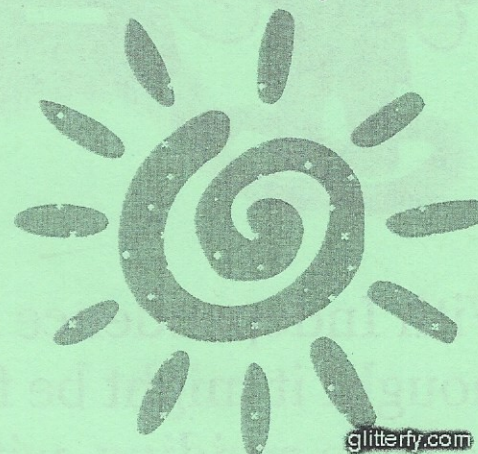
Fax Number:
276-642-2015

FAW Office
600 Mary Street
276-821-6270

FAW Plus Office
325 Edmond Street
276-821-6269

Sweet Summertime

There's something magical about summer, whether it's the long nights spent outside or the way the sun streams through the windows in the early morning. So get outside, take a walk or just set in the warm sunshine. Enjoy!



Newsletter June 2018

“Changes are in the Air”

Implementing ***Smoke -Free*** Regulations

Effective June 30, 2018 all BRHA-owned properties and offices will be “Smoke Free.” This US Department of Housing and Urban Development initiative and mandate does NOT require anyone to quit smoking, however, smoking will not be allowed on any property or building owned by BRHA. This requirement will impact all residents, visitors, and staff. BRHA plans to help educate, support, and assist individuals who will be effected with the needed resources and programs from federal, state and local agencies who are providing quit smoking materials and counseling resources.

Celebrate Family Night



June 19th

5:30 pm until 7:30 pm

Rice Terrace Parking Area
off Oakview Ave.

Food, Music & Games

Bring your kids & grandkids
and celebrate your family.



Resident Art Contest

Theme: Home and Country

With Independence Day just around the corner, we thought it might be fun to see all the talented people we have residing with us. We would like to see drawings that tell us how you feel about your home and this great country we have the pleasure to live in. So make us a drawing and turn into the FAWP office at Stant Hall, 325 Edmond Street by close of business on June 20, 2018. Prizes will be awarded for first, second and third place winners.

BRHA staff will vote on the winners and the winners will be announced on June 29, 2018. All drawings/pictures are to be submitted on an 8 x 11 size paper, along with a short description of your drawing. Paper can be picked up at the FAWP office and along with entry form. If you have any questions please call 276-821-6269.

HAPPY BIRTHDAY

Beach Time

June 2018

Fun In the Sun...



To our Birthday Club Members:

Alma Wheeler June 8

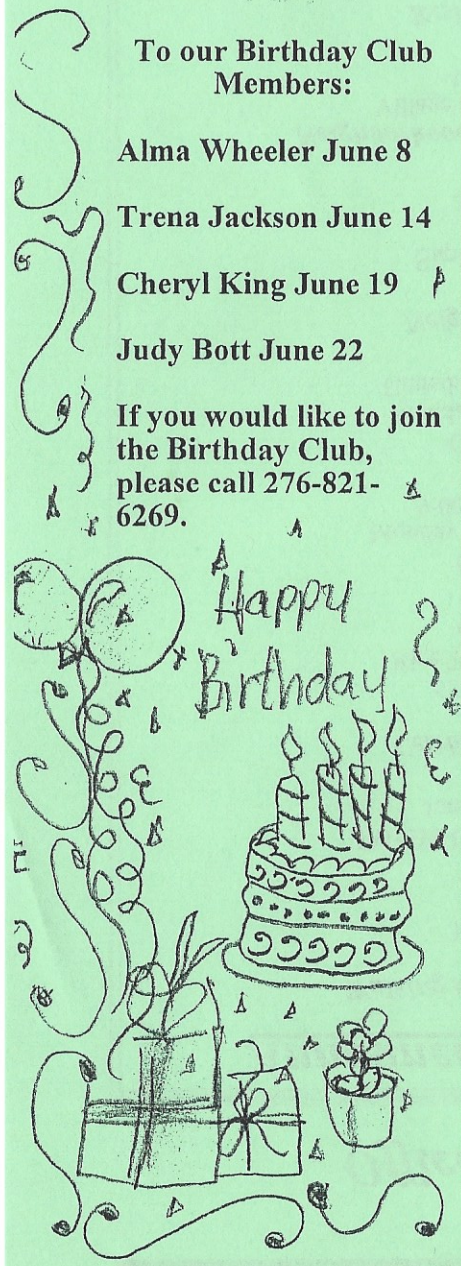
Trena Jackson June 14

Cheryl King June 19

Judy Bott June 22

If you would like to join the Birthday Club, please call 276-821-6269.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 HAPPY FATHER'S DAY	18	19	20	21	22	23
24	25	26	27	28	29	30



Artwork by - Martha Preis

Don't Forget Sun Screen...

Find A Way Plus
Office at Stant Hall, 325 Edmond Street, Phone: 276-821-6269

Announcements/Activities

Walking Club Start Up Meeting

June 7th
JM/SH 9:00 am
RSB 10:00am

JM/SH Garden Bees Meeting

June 19th at 3:00 pm

Celebrate Family Night

June 19th
5:30 pm—7:30 pm
Rice Terrace Parking Area
Oakview Ave.

GED Classes

Monday and Wednesday RSB
9:00am—12:00 Noon

Computer Lab

Monday 1:00pm—3:00pm
Thursday 3:00 pm—5:00 pm

*Neighborhood Watch
Meeting*

Sapling Grove/Mosby
June 26th
4:00pm at RSB

Neighborhood Watch Start Up Meeting

Village at Oakview July 10th
4:00 pm at RSB

Resident Art Contest

Last day to turn your entry in is June 20th.

Reading Jeep

Starts June 29th
Free Little Library Sites
Time to be announced
Come Read with Us!

Reading Jeep

The Bristol Public Library is coming to BRHA! The Reading Jeep will begin of June 29, 2018. The Jeep will visit each of our Free Little Library sites with reading activities and books for residents to check out. Look closely for an update that will give reading times at each Little Library. **Come Read with us!**

Thank you Fathers!

June 17th is Fathers Day. We would like to thank all the Dads and Grandads for all they do. Wishing you a very

Happy Fathers Day!

Recipe of The Month

OLD FASHION LEMONADE

Ingredients:

6 lemons
1 cup white sugar
6 cups cold water

Directions: Juice the lemons to make 1 cup of juice. Firmly roll the lemons between your hands and counter top before cutting in half and juicing. In a gallon pitcher combine 1 cup lemon juice, 1 cup sugar, and 6 cups cold water. Stir. Adjust water to taste. Chill and serve over ice.