

Find A Way Program – Mind/Body/Spirit Newsletter

September 2017

LABOR DAY

Why was Labor Day invented?

Labor Day came about because workers felt they were spending too many hours and days on the job.

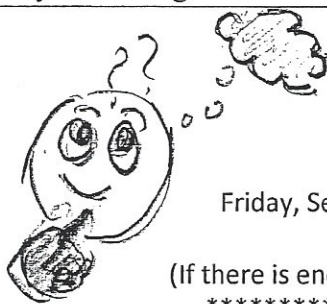
In the 1830s, manufacturing workers were putting in 70-hour weeks on average. Sixty years later, in 1890, hours of work had dropped, although the average manufacturing worker still toiled in a factory 60 hours a week.

These long working hours caused many union organizers to focus on winning a shorter eight-hour work day. They also focused on getting workers more days off, such as the Labor Day holiday, and reducing the workweek to just six days.

These early organizers clearly won since the most recent data show that the average person working in manufacturing is employed for a bit over 40 hours a week and most people work only five days a week.

Surprisingly, many politicians and business owners were actually in favor of giving workers more time off. That's because workers who had no free time were not able to spend their wages on traveling, entertainment or dining out.

As the U.S. economy expanded beyond farming and basic manufacturing in the late 1800s and early 1900s, it became important for businesses to find consumers interested in buying the products and services being produced in ever greater amounts. Shortening the work week was one way of turning the working class into the consuming class. – written by The Eclectic Economist



CRAFT CLASS

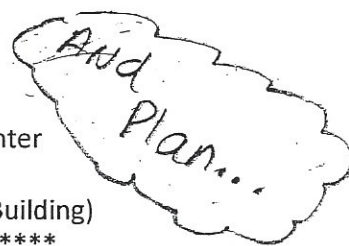
Faux Leather Flower Vase

This is a fun craft – come learn something new!

Friday, September 22nd 10:00 – 12:00 noon Stant Hall Activity Center

Call 276-821-6269 to register by Sept. 18th

(If there is enough interest will set up a class at the Resident Service Building)



"I shall pass through this world but once. Any good, therefore, that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer nor neglect it, for I shall not pass this way again!" – Jerry Lewis



LET YOUR IMAGINATION
OUT!

HAVE FUN!



September 2017

Mind-Body-Spirit

Find A Way Plus Program

Fall Into Autumn

Sun Mon Tue Wed Thu Fri Sat

| | | | | | | |
|----|----------------------------|----|----|----|--|----------------------------|
| | | | | | 1 Everyday 7pm Walking | 2 |
| 3 | 4 LABOR DAY | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 9/11 NEVER FORGET | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 Fun Craft Class 10-12 noon | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | Art Work by Marty Preis |

Find A Way Plus Program

276-821-6269

BRHA Closed

Sept. 4th - Labor Day

Walking Group

7:00 pm Everyday

Meet at picnic table at

Corner of Edmond & Russell St.

GED Classes— RSB

9:00am-12:00noon

Monday & Wednesday

Computer Lab - RSB

Monday—1:00—3:00pm

Thursday—3:00—5:00pm

September Birthdays

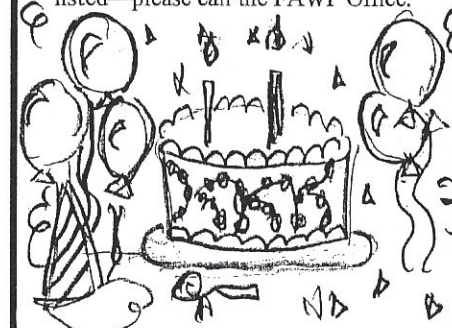
September Birthstone— Sapphire

September Flower— Aster

Natalie Lowery - Sept. 9th

David Shepherd - Sept 21st

Remember—if you want your birthday listed—please call the FAWP Office.



Autumn is a second spring,
when every leaf is a flower.